



Newsletter

Learning for Pleasure

Together, we will shape our U3A group to be the best

ABN 17 993 804 260

JUNE-JULY news Issued 1 August 2019 PATRON – Councillor Dawn Crichlow OAM

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How to contact us

Office:

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Facebook: U3A Gold Coast Inc Southport

Office Hours:

9.00am–3.30pm : Monday to Thursday
9.00am–3.00pm : Friday

Management Committee

EXECUTIVE:

President	Marvin Summers
Vice- President	Jenny Broughton
Secretary	Michael McDonald
Treasurer	Sally Gemmell

ORDINARY:

Alice Fairley
Paul Miles
Neil Marshall

Officers and Volunteers

Class Coordinator	Alice Fairley
Office Manager	Marvin Summers
Fire Warden, Australia Fair	Lyn Sturm
Social Convenors	Margaret Karakatsanis Pat Jones
Newsletter Publisher	Marvin Summers

We are grateful to the Office of Hon Rob Molhoek MP for Southport for the printing of this Newsletter.

President's Message

Hope you all had a relaxing and enjoyable break – recharged your batteries and raring to go for Semester 2.

There have been volunteer members, led by Neil Marshall, working hard for you painting the downstairs room at Margaret Street over the July break and I am sure those who have classes there will enjoy a rejuvenated and more pleasurable learning environment.

It is planned to paint the upstairs room over the Christmas/New Year break as well, and we are hoping members will put their hands up to volunteer when the time comes closer.

Fiona Barradale has been a champion working hard for you assisting with the preparation of the Semester 2 Class Attendance sheets for all 55 classes over the July break as well. This has been a big job and couldn't have been completed in time without her.

The usual clean up has been carried out at both Margaret Street and Australia Fair over this break, such as carpet shampoo, tidying cupboards and window cleaning.

WELCOME BACK

Marvin Summers (President)

IMPORTANT DATES

- ✓ Start of Semester 2
29 July 2019
- ✓ GC Show Day - Public Holiday
30 August 2019
- ✓ **U3A GENERAL MEETING**
Tuesday 17 September 2019
- ✓ Queens Birthday - Public Holiday
7 October 2019

MEMBERS

PLEASE NOTE

ALL CLASSES WILL BE

CANCELLED

on

TUESDAY

17 SEPTEMBER 2019

for the

GENERAL MEETING

of

U3A GOLD COAST INC

to be held in the

COMMUNITY CENTRE

ROOM F4



Volunteer with Handyman Skills Required

Committee at its meeting on 13 May agreed to request, through this Newsletter, a Volunteer with Handyman Skills to install the **Fire Blanket** in Margaret Street in the location as illustrated here.

Please contact Neil Marshall by emailing u3agoldcoastinc@bigpond.com

if you would like to offer your services.



UP

*'UP' is such little word
with quite a lot of meanings.
When I have told you all there is
you'll really all be beaming!*

<i>Sit up</i>	<i>Pick up</i>
<i>Stand up</i>	<i>Look up</i>
<i>Lock up</i>	<i>Give up</i>
<i>What's up</i>	<i>Stock up</i>
<i>Check up</i>	<i>Pucker up</i>
<i>Catch up</i>	<i>Settle up</i>
<i>Lighten up</i>	<i>Tone up</i>
<i>Shut up</i>	<i>Sober up</i>
<i>Add up</i>	<i>Top up</i>
<i>Fed up</i>	<i>Eat up</i>

Can you think of any more?

by Pat Jones

Notice – Bereavement of Yvonne Kotzias



It is with great sadness, a much loved and respected Member of U3A, Yvonne Kotzias passed away in hospital after a bad fall.

Yvonne joined U3A in 1996.

She will be sadly missed.

RIP

from U3A Gold Coast Inc

Picture Framing Workshop – learn the tricks of the trade

***1st & 3^d Friday at Margaret Street
of every month – 1.00pm-3.30pm***

**Personalise your work
of art or favourite
photo in the best
possible way.**

**The perfect gift or to
simply put up on
display.**

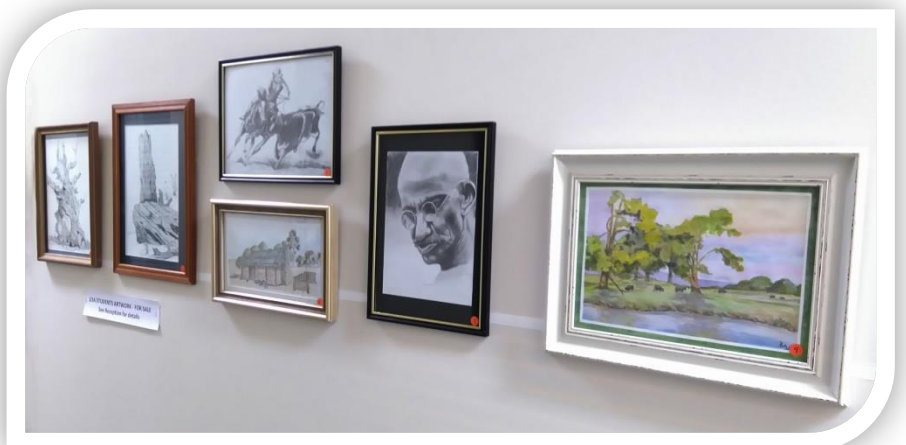


Hang up your work in Gallery Walk

Members' artworks currently on display in Gallery Walk is attracting attention.

Each piece is catalogued with the Artist's name, Title of artwork, and, if anybody would love to take one home, we have a recommended purchase price.

Don't forget Art Class students, you can show off your work and bring it in to put up in Gallery Walk.



Class Snapshots



Meet the Ukulele Class celebrating in style their last session for Semester 1

Looking for more Table Tennis players - JOIN IN THE FUN

*U3A Margaret Street -
Wednesdays 9am-11am*



Everyone from raw beginner to "pretty good" are welcome. Apart from being a great social activity livestrong.com says "table tennis improves reflexes, eye-hand coordination, mental alertness and speed of movement. It also improves balance and lowers the chances of falls and injuries, especially among older people. Clinical studies show that table tennis can slow the process of cognitive decline that occurs with ageing."

Our Volunteer Painters hard at work on downstairs *Margaret Street*

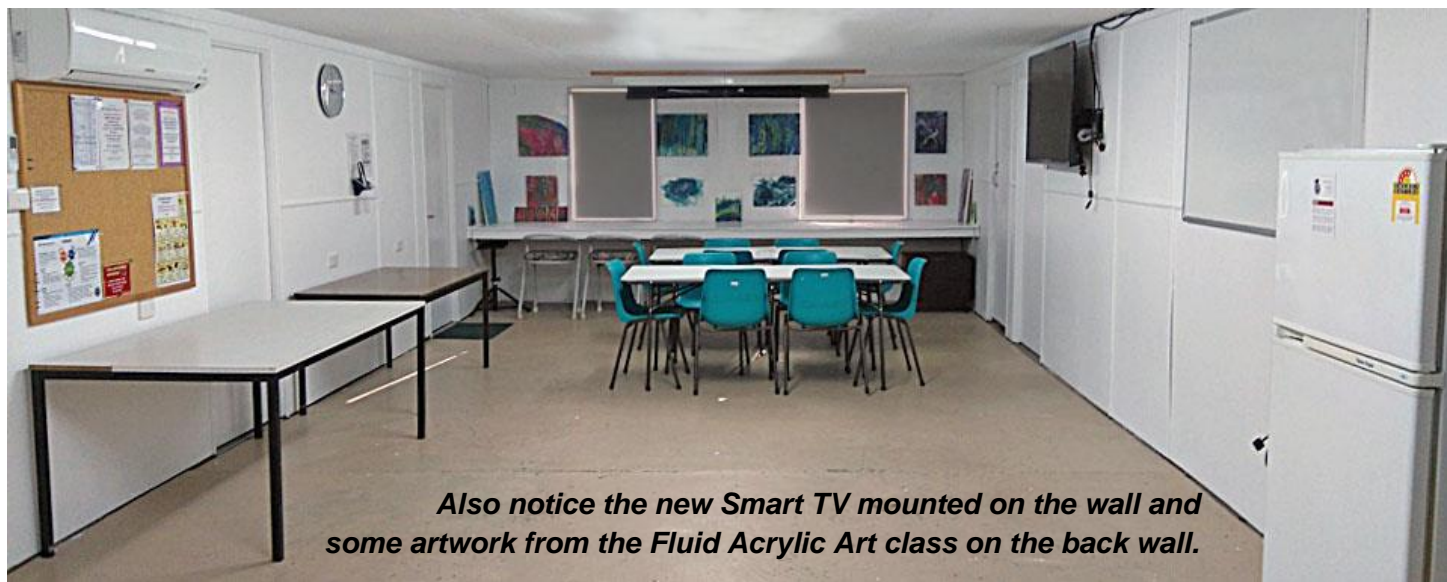


Neil and Lou getting on top of it and kick starting the painting off downstairs in the Margaret Street hall over the July break.

What a magnificent achievement by those volunteers who have made the area more of a pleasure for students to learn in – we owe them a huge **THANK YOU** – for their time and hard hard work.



Now a clean, fresh, bright room for your enjoyment thank you painting crew



Also notice the new Smart TV mounted on the wall and some artwork from the Fluid Acrylic Art class on the back wall.



Monthly Lunch Get-togethers

NEXT LUNCH:

Date: Saturday 24 August 2019

Where: **The Anglers**

Queen Street,
Cnr Lenneberg St, Southport

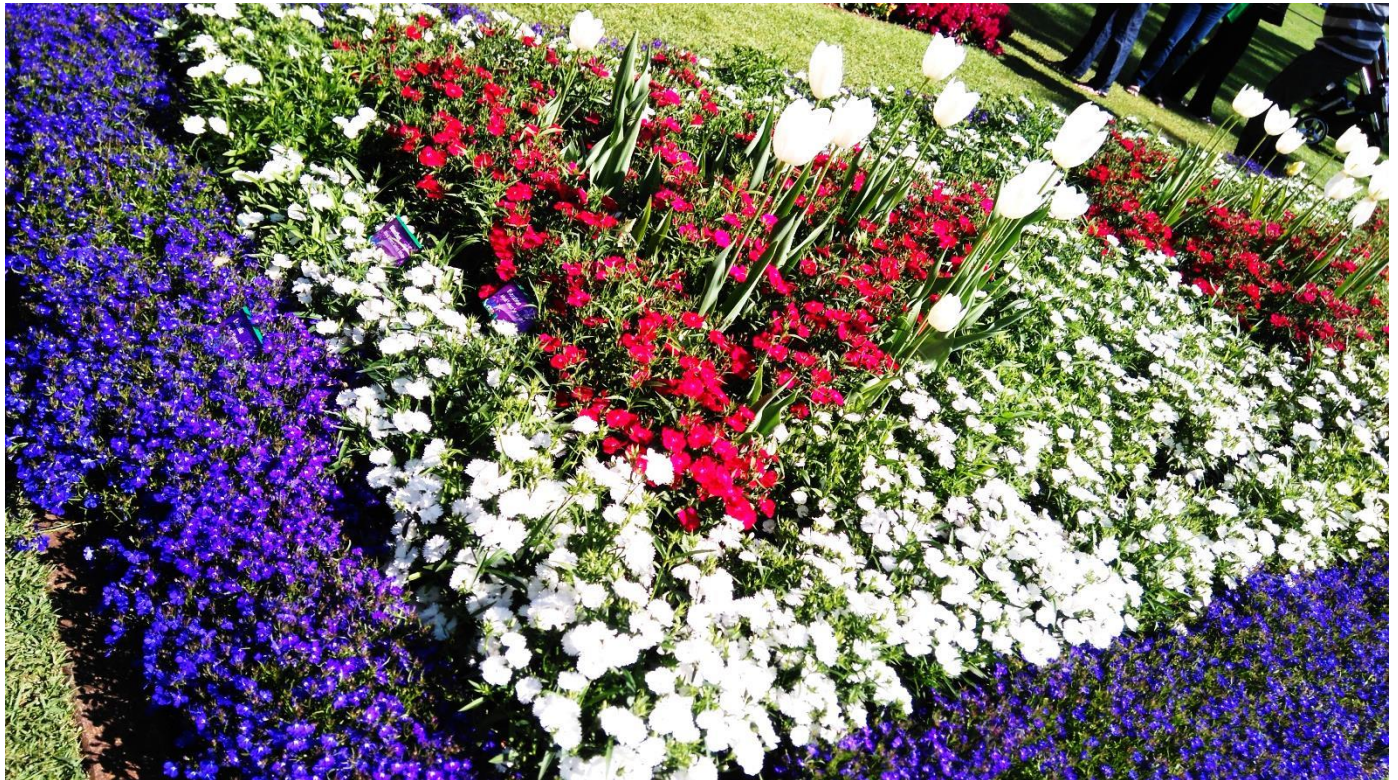
Catch the tram at the end of
Scarborough Street to Queen Street,
and is a short walk up Queen St on the left
(Car parking at the back)

Time: 11.30 am for 12 noon



TOOWOOMBA CARNIVAL OF FLOWERS DAY TOUR

Free Morning Tea



When: SATURDAY 21 SEPTEMBER

**Pick up: 8.40am outside the Southport RSL Club
(Palmers Coaches)**

Cost: \$60.00 OR with lunch \$80.00

\$5.00 deposit paid in full by FRIDAY 11 SEPTEMBER

Visit prize winning gardens - local guide on board.
Stopping at the Big Orange on the way back –
buy fresh fruit and veggies.